Trichinosis/Trichinellosis Summary Guidance for Veterinarians



Agent	Trichinella spp roundworms (T. spiralis, T. nativa, and T. pseudospiralis of concern for BC)	BC Centre for Disease Control An agency of the Provincial Health Services Authority
Susceptible species	 T. spiralis: hosts include swine, dogs, cats, rodents T. nativa: mammalian carnivores including foxes, wolves, bears, walrus T. pseudospiralis has been recovered from raptorial birds, wild carnivores and omnivores, including rats and 	marsupials
Occurrence in BC and the world	 T. spiralis found in temperate zones worldwide. T. nativa occurs in arctic and sub-arctic regions of North America, Europe and Asia. T. pseudospiralis is cosmopolitan in distribution and has been detected in Asia, North America, Europe and Australia. Canada's swine herd is free from T. spiralis T. nativa known to affect wildlife in BC: surveys between 1951 and 1997 indicated that 35% of grizzly bears, 9.8% of cougars, 17.6% bobcats and 11.9% of black bears in addition to several other species in BC were infected with Trichinella sp 2 documented human trichinosis outbreaks in BC (2005, 1997), both involving several people and due to consumption of bear meat 	
Transmission	Consumption of infected tissues	
Diagnosis	Incubation period varies with infectious dose and possibly species involved.	
Clinical	Infections in animals are usually subclinical.	
Laboratory	 Detect Trichinella larvae in muscle tissue: digestion assay, PCR, trichinoscopy Detect antibodies: variety of immunological assays 	
Prevention and control	 Practice proper feeding practices: no animal carcasses or raw waste should be fed to swine (feeding of meat and meat by-products to swine is prohibited under the <i>Health of Animals Regulations</i>) Prevention of contact between domestic swine and infected rodents CFIA conducts abattoir surveillance of swine and horses 	
Zoonotic implications	 Human infection from consumption of raw or undercooked meat Infection ranges from asymptomatic to fatal depending on the number of larvae ingested Most species of Trichinella found in wildlife are resistant to freezing, and, therefore are not eliminated using the freezing guidelines developed for pork; instead this meat needs to be well cooked. 	
Reporting	 Trichinosis (<i>T. spiralis</i>) is a reportable disease to the Chief Veterinary Officer (CVO) in BC All suspect and confirmed cases should be reported within 24 hours (604-556-3013) Veterinarians may be contacted by public health authorities for follow-up Trichinosis is a reportable disease to the CFIA Suspect and confirmed cases of trichinosis must be immediately reported to a CFIA district veterinaria 	an